

LIBRARY

Book List

LOSS OF A CHILD:

The Bereaved Parent by Harriet Sarnoff Schiff. (2)

Beyond Tears: Living After Losing A Child by Ellen Mitchell et al.

Finding Hope When a Child Dies by Sukie Miller, Ph.D. (2)

His Bright Light: The Story of Nick Traina by Danielle Steel

How to Survive the Loss of a Child: Filling the Emptiness and Rebuilding Your Life by Catherine M. Sanders, Ph.D.

Just Us: Homicidal Loss and Grief by Wanda Henry-Jenkins

New Fields and Other Stones: Poems on a Child's Death by Saul Bennett

Recovering from the Loss of A Child: Words of Comfort and Hope from Parents Who Have Survived Their Grief by Katherine Fair Donnelly

The Spiritual Lives of Bereaved Parents by Dennis Klass

Stephen Lives! My Son Stephen: His Life, Suicide, and Afterlife by Anne Puryear. (2)

Still to Be Born: A Guide for Bereaved Parents Who Are Making Decisions about Their Future by Pat Schwiebert, Rn and Paul Kirk, MD

When the Bough Breaks: Forever After the Death of a Son or Daughter by Judith R. Bernstein, Ph.D.

When Bad Things Happen to Good People by Harold S. Kushner. (3)

The Worst Loss: How Families Heal from the Death of a Child by Barbara D. Rosof

SIBLING GRIEF:

Recovering from the Loss of a Sibling by Katherine Fair Donnelly

Sibling Grief: How Parents Can Help The Child Whose Brother or Sister Has Died by Marcia G. Scherago

MEN'S GRIEF:

Swallowed by a Snake: The Gift of the masculine Side of Grieving by Thomas R. Golden

When A Man Faces Grief by Thomas R. Golden and James E. Miller

GRANDPARENTS' GRIEF:

For Bereaved Grandparents by Margaret Gerner

Loss in Later Life by Hospice Foundation of America

GENERAL BEREAVEMENT:

Living When A Loved One Has Died by Earl A. Grollman. (2)

Living with Grief after Sudden Loss edited by Kenneth Doka

Men And Grief: A Guide for Men Surviving the Death of a Loved One by Carol Staudacher

Why Me? Coping with Grief, Loss, and Change by Pesach Krauss and Morrie Goldfischer

GENERAL BEREAVEMENT (CHILDREN & ADOLESCENTS):

Children, Adolescents and Loss edited by Ken Doka

Helping Bereaved Children: A Handbook for Practitioners by Nancy Boyd Webb

Helping Children Cope with Death: Guidelines and Resources by Hannelore Wass and Charles A. Corr

Living When a Young Friend Commits Suicide (or Even Starts Talking about It) by Earl A. Grollman and Max Malikow

Loss and How to Cope With It by Joanne E. Bernstein. Written for young adults.

Talking with Children about Loss: Words, Strategies and Wisdom to Help Children with Death, Divorce and Other Difficult Times by Maria Trozzi.

When A Friend Dies: A Book for Teens About Grieving and Healing by Marilyn L. Gootman

DEPRESSION:

St. John's Wort: Nature's Blues Buster by Hyla Cass, MD

Secrets of St. John's Wort: Treat Depression Naturally by Larry Katzenstein

(See also pamphlets on Depression and Anxiety)

HELPING OTHERS HELP OTHERS HELP YOU:

Beyond Sympathy: What to Say and Do for Someone Suffering an Injury, Illness or Loss by Janice Harris Lord. (2)

I Know Just How You Feel... Avoiding Cliché's of Grief by Erin Linn

ANTICIPATED GRIEF:

On Children and Death by Elizabeth Kubler-Ross. (2) *On Children and Death* is a major addition to the classic works of Elisabeth Kübler-Ross, whose *On Death and Dying* and *Living with Death and Dying* have been continuing sources of strength and solace for tens of millions of devoted

readers worldwide. Based on a decade of working with dying children, this compassionate book offers the families of dead and dying children the help -- and hope -- they need to survive. In warm, simple language, Dr. Kübler-Ross speaks directly to the fears, doubts, anger, confusion, and anguish of parents confronting the terminal illness or sudden death of a child.

On Death and Dying: What the Dying Have to Teach Doctors, Nurses, Clergy and Their Own Families by Elisabeth Kubler-Ross

LIFE AFTER DEATH:

Embraced by the Light by Betty J. Eadie. (3) The author's account of her near-death experience

Life after Life by Raymond A. Moody, Jr., MD. True experiences of people declared clinically "dead" ... descriptions so similar, so vivid, so positive that they may change mankind's view of life, death and spiritual survival forever.

Life on the Other Side: A Psychic's Tour of the Afterlife by Sylvia Browne

On Life After Death by Elisabeth Kubler Ross.

Our Children Forever: George Anderson's Messages from Children on the Other Side by Joel Martin and Patricia Romanowski

Saved by the Light by Dannon Brinkley. The true story of a man who died twice and the profound revelations he received.

Talking To Heaven by James Van Praagh. A medium's message of life after death.

We Are Not Forgotten: George Anderson's Messages of Love and Hope from the Other Side by Joel Martin and Patricia Romanowski.

MISCELLANEOUS:

Be Not Afraid: Overcoming the Fear of Death by Johann Christoph Arnold

Why Forgive by Johann Christoph Arnold

FICTION:

A Map of the World by Jane Hamilton. While under the care of Alice Goodwin, a neighbor's child drowns in the Goodwins' pond, a devastating accident that has profound repercussions for the entire Goodwin family, in a story set in a small Midwestern farm town.

The Five People You Meet in Heaven by Mitch Albom. A fable about life after death.

Keeping Faith by Jodi Picoult. The read was certainly enjoyable and lingers in my memory as something that is a little different from the mass-produced thrillers and chick lit that usually floods the bookstores. For readers who are keenly interested in spiritual issues, this will be a real find - as Picoult manages to bring questions of faith and spiritualism into every page and certainly does make one think about the existence of God.

My Sister's Keeper by Jodi Picoult. The difficult choices a family must make when a child is diagnosed with a serious disease are explored with pathos and understanding Picoult ably explores a complex subject with bravado and clarity, and comes up with a heart-wrenching, unexpected plot twist at the book's conclusion.

The Lovely Bones by Alice Sebold. (2) Masterful and compelling.... Sebold's beautiful novel shows how a tragedy can tear a family apart, and bring them back together again. She challenges us to re-imagine happy endings, as she brings the novel to a conclusion that is unfalteringly magnificent. And she paints, with an artist's precision, a portrait of a world where the terrible and the miraculous can and do co-exist.

Saying Grace by Beth Gutcheon. *Saying Grace* is about the fragility of happiness and the strength of convictions, about keeping faith and adhering to principles whether it keeps one safe or not. It is about the comfort of the familiar, and the charm of a special community guided by integrity and common sense and shaken by tragedy and inevitable human failing.

The Shack by William P. Young. A kidnapped daughter is presumed dead, and when her grieving father receives a letter, apparently from God, inviting him to the scene of the crime, he can't help but go. What he finds there will change his world forever.

BPUSA PAMPHLETS:

**Suicide
Sudden Death
For Bereaved Parents**

OTHER PAMPHLETS:

**Alive Alone
National Survivors of Suicide Day
Parents of Murdered Children**

MENTAL HEALTH ASSOCIATION BOOKLET:

Too Young to Die (Suicide)

DVD:

Space Between Breaths: What Loss Can Teach Us about a Life Fully Lived produced by Luther and Rosemary Smith

CARENOTES:

**Handling the Heartbreak of a Child's Death by Andrea Gambill
Mourning the Loss of an Adult Son or Daughter by Carol Luebering**