

New Arrivals

Pinky Swear (2)

Honoring My Daughter's Right to Die.

By: Persis Oberreither

Full Catastrophe Living (using the Wisdom of Your Body and Mind to Face Stress, Pain and Illness

By: Jon Kabat-Zinn, PHD

I Wasn't Ready to Say Goodbye

Surviving, coping and healing after the sudden death of a loved one

By Brook Noel and Pamela D. Blair, PHD

Living with Grief

Who We Are

How We Grieve

Edited By Kenneth J. Doka and Joyce D. Davidson

Roses in December Comfort for the Grieving Heart

By Marilyn Willett Heavilin

Why Me? Coping with the Grief, Loss and Change

By Pesach Krauss and Morrie Goldfischer

Chicken Soup of the Grieving Soul

1 New York Times Bestselling Authors

By Jack Canfield and Mark Victor Hansen

Chicken Soup for the Soul

Messages from Heaven

By Jack Canfield and Mark Victor Hansen

101 Miraculous Stories of Signs from Beyond Amazing Connections and Love that Doesn't Die

By Jack Canfield and Mark Victor Hansen

No Time for Goodbyes

Coping with Sorrow, Anger and Injustice after Tragic Death

By Janice Harris Lord

New Arrivals

Healing Grief Reclaiming Life after Any Loss

By James Van Praagh

By The Author of the New York Times Bestsellers Talking To Heaven and Reaching to Heaven

Timeless Healing

The Power and Biology of Belief

By Herbert Benson, M.D.

“Fascinating..... a gold mine of information about the integration of body. Mind and soul” statement by M Scott Peck, the author of The Road Less Traveled

Wherever You There You Are

10th Anniversary Edition

Mindfulness Meditation in everyday life

By Jon Kabat-Zinn

Saving Graces

By Elizabeth Edwards

Finding Solace and Strength from Friends and Strangers

Writing to Save Your Life

By Michele Weldon

How to Honor Your Story through Journaling

Writing to Heal the Soul

Transforming Grief and Loss through Writing

By Susan Zimmermann

Picking up the Pieces of a Broken Heart

One Day at a Time

A Thirty-One Day Devotional on Grief

By Rev. Dale Roberts

Tear Soup (a recipe for Healing after the loss)

By Pat Schwiebert and Chuck DeKlyen

AFTER LIFE (answers from the other side)

By John Edward

New Arrivals

I Know Just How You Feel (avoiding the clichés of grief)

By Erin Linn

There is No Death

By Betty Bethards

Grief Therapy

By Karen Katafiasz